



CNMI PUBLIC SCHOOL SYSTEM

SY 2024-2025 MENU

WEEK 1	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
BREAKFAST	Assorted Cereal Fruit	Grilled Ham with Fried Rice Fruit/Fruit Smoothie	Pan de Sal with Egg & Cheese Fruit/Fruit Smoothie	Sausage Links Steamed Fried Rice Fruit/Fruit Smoothie	French Toast with Syrup Sausage Fruit
LUNCH	Chicken Lo Mein Carrots Broccoli Fruit	Chicken Burger Green Salad with Cucumber Carrots with Dressing Fruit	Grilled Ham Steak Steamed Rice Texas BBQ Beans Red Bell Pepper Green Beans Fruit	Beef Lasagna Garlic Cauliflower & Spinach Fruit	Oven Fried Chicken Red Rice Corn & Local Vegetables Flavored Milk Fruit
2ND CHOICE (secondary schools)		Vegilicious Salad Ham/Hard Boiled Eggs WGR Penne Pasta Fruit	Chicken Pad Thai Red Bell Pepper Green Beans Fruit	Vegilicious Salad Ham/Hard Boiled Eggs WGR Penne Pasta Fruit	Korean Chicken Bowl Steamed Rice Corn & Local Vegetables Fruit

WEEK 2	DAY 6	DAY 7	DAY 8	DAY 9	DAY 10
BREAKFAST	Assorted Cereal Fruit	Garlic Fried Rice with Chicken Nuggets Fruit/Fruit Smoothie	Mac & Cheese Fruit/Fruit Smoothie	Ham & Egg Scramble with Steamed Rice Fruit/Fruit Smoothie	Pancakes with Syrup Bacon Fruit
LUNCH	Buffalo Chicken Wrap Corn & Cucumber Succotash Fruit	Sloppy Joes Broccoli Sweet Potato Fries Fruit	Pork Curry Steamed Rice Potatoes Carrots Fruit	Pepperoni Pizza Green Salad with Cucumbers & Dressing Lentils Fruit	Chicken Adobo Steamed Rice Pumpkin & Local Vegetables Flavored Milk Fruit
2ND CHOICE (secondary schools)		Taco Salad Lentil Taco Meat/Lentils WGR Tortilla/Tortilla Chips Fruit	Chicken Pancit Canton Carrots & Cabbage Fruit	Taco Salad Lentil Taco Meat/Lentils WGR Tortilla/Tortilla Chips Fruit	Kimchi Fried Rice with Chicken Bowl Pumpkin & Local Vegetables Fruit

WEEK 3	DAY 11	DAY 12	DAY 13	DAY 14	DAY 15
BREAKFAST	Assorted Cereal Fruit	Ham & Cheese Roll Fruit/Fruit Smoothie	Breakfast Burrito Fruit/Fruit Smoothie	Fried Rice with Portuguese Sausage Fruit/Fruit Smoothie	French Toast with Syrup Sausage Fruit
LUNCH	Thai Beef Noodle Bowl Red Bell Peppers Mixed Vegetables Fruit	Marianas BBQ Burger Sandwich Sides Potato Wedges Fruit	Beef Bulgogi Steamed Rice Green Bell Pepper & Carrots Fruit	Spaghetti Bolognese WGR Roll Garden Salad with Tomatoes & Dressing Spanish Chickpeas Fruit	Kung Pao Chicken Steamed Rice Sesame Broccoli Local Vegetables Flavored Milk Fruit
2ND CHOICE (secondary schools)		Vegilicious Salad Ham/Hard Boiled Eggs WGR Penne Pasta Fruit	Chicken Kelaguen with Titiyas Carrot & Cucumber Sticks with Dip Fruit	Vegilicious Salad Ham/Hard Boiled Eggs WGR Penne Pasta Fruit	Beef & Broccoli Steamed Rice Bean Sprouts Fruit

WEEK 4	DAY 16	DAY 17	DAY 18	DAY 19	DAY 20
BREAKFAST	Assorted Cereal Fruit	French Toast Casserole with Berry Sauce Sausage Patty Fruit/Fruit Smoothie	Grilled Cheese Fruit/Fruit Smoothie	Ground Beef & Veggie Omelet Steamed Rice Fruit/Fruit Smoothie	Pancakes with Syrup Bacon Fruit
LUNCH	Orange Chicken Steamed Rice Asian Medley Vegetables Fruit	Subway Sandwich with Honey Onion Dressing on WGR Bun Sandwich Sides & Sweet Potato Fries Fruit	Beef Steak with Green Peas & Onions Red Rice Broccoli Fruit	Chicken Alfredo Garden Salad with Carrots & Dressing Lentils Fruit	BBQ Chicken Red Rice Local Vegetables Corn Flavored Milk Fruit
2ND CHOICE (secondary schools)		Taco Salad Lentil Taco Meat/Lentils WGR Tortilla/Tortilla Chips Fruit	Banh Mi Sandwich Pickled Carrots & Radish Broccoli Fruit	Taco Salad Lentil Taco Meat/Lentils WGR Tortilla/Tortilla Chips Fruit	Breaded Chicken Bowl with Mashed Potatoes & Gravy Corn Fruit

Herman M. Atalig

Herman M. Atalig, SGM (Ret)
18th CNMI State Board of Education
Chairperson

May 21, 2024

Approval Date

Lawrence F. Camacho

Lawrence F. Camacho, Ed.D
CNMI Public School System
Commissioner of Education